



Nature-Watch

www.nature-watch.com
info@nature-watch.com

800-228-5816 Phone

800-228-5814 Fax

Eco-Action

1. Skill Builders (2)

- a. Learn what you & your family can do to be more environmentally aware.

Recommended Products:

[Eco-Bag Activity Kit \(#156\)](#)

- b. Choose an environmental issue affecting your community. Gather information & evaluate it.
- c. "Record some pleasant, relaxing sounds & some that make you feel tense. Share your findings."
- d. Trace the contributions of someone deeply concerned with environmental quality.
- e. Monitor a stream for pollution sources. Learn to ID plants & animals that are found in clean & polluted water in your area.

Recommended Products:

[Investigating Water Pollutants Kit \(#423c\)](#)

[The JUG – Just Understanding Groundwater \(#423j\)](#)

[Watershed Kit \(#411a\)](#)

2. Technology (1)

- a. Find out about alternative sources of energy that can cut down on personal consumption of nonrenewable resources.
- b. "Find out how technology is used in testing air, water & soil quality."
- c. Participate in an online discussion about 1 worldwide environmental issue to get different perspectives on the issue.
- d. "Visit a store or look through a catalog advertising "environmentally friendly" products."
- e. Recycling has become a major effort. Learn about 1 recycled resource & how it is recycled.

Recommended Products:

[Recycling Display \(#506u\)](#)

3. Service Projects (1)

- a. Create & display posters on energy-saving actions at a mall or other public place. Have people sign energy-saving pledges.
- b. Volunteer to work on an ongoing environmental project.
- c. Collect information from an organization concerned with environmental issues of interest to women & children.
- d. "Create a directory or display of local, state or national groups concerned with environmental issues & actions."



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- e. Combine arts & environmental action. Form a theater group that addresses current topics.

Recommended Products:

[Eco-Bag Activity Kit \(#156\)](#)

[Eco-Solutions Activity Kit \(#109\)](#)

- 4. Career Exploration (1)
 - a. "Do a computer search for careers related to the environment. Contact an organization, business or person for information on specific careers."
 - b. Attend a career fair that gives you the opportunity to speak with people working in related fields.
 - c. Learn about careers related to the environment & the law.
 - d. "Identify 3 past & present environmental activists in your community, nation or the world."
 - e. "Identify 3 or more degree programs in fields concerned with the environment. Compare course requirements, list career possibilities."